

GROWING  
UP



---

## SHEPHERD

One who shepherd's God's people - protecting, strengthening, encouraging, comforting and nurturing God's people to an increasingly intimate connection with Jesus, ultimately expressing itself in a Holy Spirit empowered life of discipleship.

### You might be a SHEPHERD if you...

- Enjoy one-on-one conversations and showing hospitality
- Are burdened by others' difficulties and have a knack for speaking truth and love into those situations
- Are a good listener (easy to talk to and a safe place for others to share their inner feelings, thoughts and challenges)
- Have compassion for those who are lost, lonely, broken, injured or in need acceptance and belonging

### SHEPHERDS might enjoy a job or opportunities in...

- Counseling, working as a nurse or doctor, doing social work or working in any care giving profession

### Some key contributions you bring to the Body of Christ include...

- People feel known and seen by you
- You make people feel valued and uniquely significant
- You serve as a spiritual companion to others in their journey toward God
- People see and experience the love of the Father through you

### Ways you get stuck or frustrated/Traps you can fall into are...

- You can experience compassion fatigue.
- You can over function in the life of another - not bringing necessary challenge when appropriate.
- You can feel pressure to have all the answers.
- You may struggle with having adequate and healthy boundaries.

## Places in the Bible where we see this role in Jesus/others are...

- **John 10** – Jesus, the Good Shepherd who has come to lead his people
- **Acts 15:36-41** – Barnabas, demonstrating a pastoral heart in his defense of Mark
- **David**, whose life and spiritual foundation were formed in the fields as a shepherd where he developed an intimate relationship with God, learned to lead and care for his flock and to fight aggressive predators
- **Paul**, in his discipling relationship with Timothy (whom he thought of as a son)

## Some ways you can more fully step into your kingdom role...

- Participate in Heartland's 'Designed to Care' training.
- Explore Prayer Team training through Heartland's Care Division.
- Explore our Care Division's Care Team serving opportunities.

---

### Designed to Care

Add to your toolbox for  
developing healthy relationships  
with family, friends and coworkers.

Tom Brawner and Team  
Heartland Garage

Tuesdays, October 2-November 6, 6:30-8:15 PM