GET MORE DETAILS & MAKE YOUR REQUEST:

PREMARITAL COUNSELING

SO, PREMARITAL COUNSELING IS REQUIRED?

Yep – it helps make your marriage as awesome as your wedding! You have a few options to choose from for this:

- You can opt to do your counseling with a therapist/counselor in professional practice (email us so we can suggest a few, or if you’ve been seeing someone already, let us know – we can often OK you to do your counseling with that person)
- OR you can opt to do your premarital counseling with us at Heartland!

If you opt to do your counseling with us, we’ll connect you with a person or two on our Care Team – often it’ll be one of our counseling interns. (We partner with the graduate counseling program of a nearby university, and each semester we have a few counseling interns – grad students who are completing the final requirements for their “MFT” or Marriage and Family Therapy degrees.) This lets us offer couples a nearly-professional-level counseling experience at a great price! (You can do all of your premarital sessions with us for roughly what you’d pay for just a session or two – of typically 6 or more – with most pros.)

The catch? You may need to be patient. Our Care Team does all kinds of counseling (grief, family, suicide, etc) for all of Heartland – and occasionally we’ll get a wave of folks, all hoping to begin counseling at one time. If you catch us in a super busy season, we may not be able to get you started for a couple of months. (Not up for a possible wait? A pro in private practice who can see you more quickly may be a better fit for you.) But if you’re asked to wait and are really itching to get started, you can always dive in on the resources our pastors and Care Team recommend to couples preparing for marriage!

WHAT’S COVERED IN PREMARITAL COUNSELING AT HEARTLAND?

We’ll be walking you through some areas key to a successful marriage: communication, conflict resolution, finances, family and more! (Your sessions will not be group sessions – they’ll be just the two of you and a member or two of our Care Team. That allows our team to tailor what’s covered, to fit your specific needs.) As a part of our process, you’ll complete the PREPARE inventory – a tool designed to identify strengths and growth areas unique to you as a couple.

HOW DO WE GET STARTED, AND WHAT HAPPENS FROM THERE?

- You’ll submit your request for premarital counseling via the link below
- We’ll email you info you’ll need to get started on the PREPARE inventory, and you’ll each get online (separately) and complete the inventory – it takes roughly 45 minutes to do
- We’ll connect you with our Care Team, and you’ll work with them to schedule your premarital sessions – the number of sessions varies, but most couples will schedule 4-6 sessions
- You’ll meet with your Care Team member(s), and they’ll talk with you about your PREPARE results and any specific next steps that might be helpful to you as a couple

You can supplement the process above by checking out the resources our pastors and Care Team recommend to couples.

WHAT DOES PREMARITAL COUNSELING COST?

Fee info for premarital counseling can be found here.

READ THIS INFO & READY TO SIGN UP? Awesome! Just click here!

HAVE QUESTIONS / NEED MORE INFO? Please email us at weddings@heartlandchurch.org